

# ACTIVITY & ADRENALIN



## DURATION

90 – 180 minutes  
(for longer events please  
contact us)



## REQUIREMENTS

Dependant upon  
activities chosen



## GUEST NOS.

10 - 300 guests



SEE THE EVENT IN  
ACTION!



Activity and Adrenalin days are designed to motivate your guests into action in a fun and controlled atmosphere. Our professional instructors will guide you through the activities with emphasis on guests gaining as much 'hands on' experience as possible.

Available in a competitive format or as informal fun, your guests will take part in each activity as they progress from zone to zone around the event.

Informally we will search for the best individual on each activity whilst in team competition, guests must work together to complete the tasks and either 'beat the clock' or score the greatest number of points in an attempt to gain maximum advantage for their team.

Based upon skill, scoring is devised so that the competitive can compete whilst those simply wishing to enjoy the day can do so. Whilst being encouraged to 'have a go' no one will feel under any pressure to take part.

*"Thank you very much for a great day, most enjoyable and you even sorted out the weather! I never knew how much fun duck herding was!" Paragon*



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## DETAILS

### Powerturns

Awesome power, wheelies, spinning on the spot, power slide corners and no steering wheel! A very safe, but incredibly exhilarating ride, for one or two drivers.

### Rage Buggies

These 4-stroke dune buggies are guaranteed to get your adrenalin pumping. Defy the laws of gravity as you power your way with breath-taking acceleration.

### Pistol Shooting

A good eye and steady hand are required to ensure the top score on our targets. Safety is paramount but does not detract from the thrill.

### Rifle Shooting

Using our highly accurate air rifles, test your concentration and skill against the targets. We can't promise to turn you into a marksman, but you will receive quality instruction and plenty of shots!

### Gladiator Joust

Wearing protective headgear, competitors attempt to knock their opponent from the inflatable podium using giant cushioned jousting pads. A great icebreaker or old grudge settler – inflatable jousting is a hit!

### The 6x6 Argokat

A six-wheeled-drive amphibious personnel carrier, as used by many Emergency Services, the Argokat can travel over the most demanding terrain. The vehicle is steered like a tank and navigating our course requires both accuracy and speed.

### Segways

It's like hovering above the ground. Gliding defines the movement rather than riding: They're smooth and graceful and the experience is unique. Stand on and you will almost instantly feel connected with the machine!

### Blind Driving

A team-mate guides a blindfolded driver verbally around a tight course - requiring forward and reverse manoeuvres. It is an excellent exercise in precision communication bringing a whole new meaning to the phrase 'back seat driving'.

### Reverse Steer 4x4 Driving

Our four-wheel drive vehicle is specially engineered so that turning the steering wheel to the left makes a right turn and turning the wheel to the right makes a left turn! Confused? You will be! It's even harder than it sounds, but great fun.

### Sweeper Arm

Jump, duck, jump, duck – repeat! Tackle this wipe-out inspired speed and agility challenge to be the last one standing as the sweeper arm rotates above the inflatable bed. Up to 8 players can compete at the same time, so let the opposition be bowled over and swept away by this hilarious activity!

### Inflatable Beach Volleyball

Our giant inflatable Volleyball Court is one of the largest of its kind in the UK. No volleyball skill is necessary as your 5-a-side teams aim to set, dig, and spike their way to success.

### Welly Wanging

Welly throwing, also known as welly hoying, welly wanging and boot throwing, is a sport in which competitors are required to throw a Wellington boot as far as possible!





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## Punching Wall

Run the gauntlet as the opposing team try to knock you off your feet – literally. Competitors try to skip, leap and bend their way around the unpredictable inflatable cushions being thrust through the wall by the other team hidden behind. Your goal is to make it to the end of wall, whilst the other team work to dislodge you. Take that!

## Washing Machine

This crazy cube sorts the delicate in your group as they venture into a sea of plastic balls. Hidden amongst these colourful spheres are several 'special' items to find against the clock – will you triumph or get hung out to dry? There is only one way to find out! (NB no water/soap is involved in this challenge)

## Giant Slide

Coming down is the easy part! Clamber up the back of the giant 12 ft. wedge slide using the ropes available to earn a breather sliding down the front section. The only problem is...you have to do it all over again!

## Climbing Wall

A climbing wall makes an excellent feature at any event and is sure to entice the crowds. You will love the challenge of the rock face and are sure to have plenty of fun in the process. The mobile climbing wall can be used to develop communication, trust, leadership, and motivation.

## Zorb Football

Strap yourselves into your own one-man body Zorb and rather than tackle, use the more effective 'barge' to win the ball from your opponents!

## Last Man Standing

Take your stance on your allocated zone and see if you can be 'The Last Man Standing'. Try to knock your opponents of their pedestal with huge foam filled ball, which is suspended from the centre of the inflatable.

## Longbow Archery

Continue England's noble tradition by trying your skill with a modern bow: lighter and stronger but equally accurate. Would you have been a match for Robin Hood?

## Zorb Ball Racing

Step into these huge inflatable balls which allow you to move freely inside. Then overtake, out speed and outsmart your competitor in the inflatable arena! Let the 3 lap races begin!

## Human Table Football

The boot is definitely on the other foot as you and your guests are strapped into our giant inflatable pitch for a game of footie like no other!

## Laser Clay Shooting

If you have quick reflexes and a good eye this should be your forte – test your skill at Clay Shooting with the safety and accuracy of modern technology. (The laser shotguns give no recoil).

## Falconry

After an introduction to the eagles, hawks, owls and falcons, guests fly the birds from the glove. The birds demonstrate their speed and accuracy in flight.

## Axe Throwing

Under the guidance of our instructors, guests will use our lightweight resin axes with the aim of consistently hitting the centre of the wooden target.





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### Crossbow Archery

Powerful crossbows require accuracy and skill and provide an archery experience with a difference.

### Space Hopper Football

Some people are on the pitch... and they are on space hoppers! Played in a giant inflatable arena you'll be bursting to score a goal in this fantastic, fun, footy competition.

### Sheep Dog Handling

Our dogs are highly trained Welsh collies that respond to "away", "by", "walk" and "stand". Whilst the ducks move a little more slowly than sheep, co-ordination with 'rover' is still a fine art and great fun.

### Football Speed Gun Challenge

No finesse or skill involved in this one... just brute force & leg power!

### Dart Football

This is a hilariously fun sport played with a giant blow-up dartboard and specially designed 'foot darts' which stick to the Velcro covered board when you kick them! Scored in the same manner as traditional darts, this fresh twist on the ever-popular game of darts is a brilliant way to involve all your guests!

### Catch It reaction game

10 items suspended above your head... are released with a random drop pattern from our automated standing frame, only those with cat like reflexes shall prevail! The aim is to be quick on your feet and catch as many of the falling items as possible.

### Croquet

You can always get the ball rolling with croquet! Whilst in theory is a relaxing & low impact game in reality a competitive edge & ruthless nature often shine through!





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## EVENT MANAGEMENT

Included within our price, we provide a full Management Package:

- Site decor with clearly signed activity stations & safe zones
- Safety equipment, disposable waterproofs & coloured tepees
- Pre-event client liaison, co-ordination & management of the event
- A medal for each member of the winning team
- Coloured wrist bands to identify teams & generate team spirit
- £10 million Public Liability Insurance
- Risk assessments for each activity
- Event Manager plus uniformed instructors on each activity
- Trained First Aiders in attendance

## ADDITIONAL PRICING INFORMATION

We do not charge additional expenses (accommodation for example) on any of our standard events. The prices quoted are our total cost to you. The price is only exclusive of your site fees, venue and catering costs.

