# SCHOOL SPORTS

numbers)



**DURATION** 90 – 120 minutes (depending on guest



## REQUIREMENTS

Flat grassed area suitable for us to mark a maximum of 12 lanes over 40 metres



**GUEST NOS.** 10 – 400 guests







Experience the fun and laughter of a traditional School Sports Day by participating in a lighthearted recreation of those carefree days of school life.

A pair of trainers and suitable sports clothing is all that's needed as we take your guests back in time for a second chance to be top of the class! We organise the entire day, taking teams safely through their paces in a series of fun school races and games.

Skipping and Sack races are just a snippet of this highly entertaining event - a little effort may be required on some of the activities, but they will not be too physically demanding!

Culminating in a winners' medals presentation ceremony (complete with podium!) the school sports day is a unique event designed to generate motivation and team spirit in a simple and often hilarious session of schooldays fun.

"The event went really well – Alan and Elaine made the races fun and even made examples of the cheats!" Experior Group

## SCHOOL SPORTS

#### THE RACES

The races are simple, interesting and fun and will require both strategy and action. After a safety briefing, introduction and gentle warm up by our KDM Event Manager it's on with the competition! The races include:

Quoits Balancing Race Poise and elegance may help - but don't count on it!

Basket Shopping Race Think supermarket sweep meets Kelly Holmes!

Skipping Race How to tie yourself up in knots in one very easy lesson!

Sack Race Shake Up Last one to the finish gets the sack!

Egg and Spoon Race The yoke is on you if you drop out of this event!

Wobbly Waddle Race Gripping stuff – especially for your knees!

Shot Putt Give it your best shot!

Hop-Along Space Race Oh no – everything's gone pear-shaped!

**Big Feet Race** Foam feet and flapping fun

Hurdles Getting over the hurdles in life helps when they are mini plastic ones!

#### THE FINALE

Just when your guests think it is all over, teams will be invited to compete in a final relay race to top all others – a crazy combination of all the other disciplines so far!

### ADD THAT SOMETHING EXTRA...

Assault Course £550 plus VAT

... and if you want to push your athletes to the extreme, you can add the assault course where balance, endurance and speed are all put to the test! The course includes quick feet tyres, cargo net crawl, balance beam & a throwing challenge to reward accuracy as well as speed!

